

MEDICAL FORM FOR HIGH SCHOOL RETREAT

(to be held by Participant's Group Leader)

PARTICIPANT NAME: _____

STREET ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

DATE OF BIRTH: _____ SEX: M _____ F _____

T-SHIRT SIZE (Adult sizes only): _____

PRIMARY PARENT/GUARDIAN CONTACT NAME: _____

TELEPHONE: _____ SECONDARY TELEPHONE: _____

SECONDARY CONTACT NAME: _____

TELEPHONE: _____ SECONDARY TELEPHONE: _____

(any further contact information may be listed on the back of this form)

MEDICATIONS TAKEN REGULARLY: _____

DATE OF LAST TETANUS SHOT: ____/____/____

ALLERGIES: _____

SPECIFIC ACTIVITIES TO BE RESTRICTED: _____

Reason for restriction: _____

INSURANCE INFORMATION:

Insurance Company _____ Policy # _____

Address: _____

MEDICAL AUTHORIZATION AND RELEASE

In case of medical emergency I understand every reasonable effort will be made to contact parent(s) or guardian(s) of participant, using the information set forth above. In the event parent(s) or guardian(s) cannot be reached, I give permission to the physicians and hospitals selected by the above participant's group leader or retreat staff to administer to the child named above the medical and surgical treatment then believed to be in the best interest of the child. The medical information on this form is complete and correct. I shall not hold the leaders of the High School Retreat or the Retreat Director liable for any injury to the participant while on the retreat. I certify that I am authorized to grant this authority and release.

SIGNATURE of PARENT or LEGAL GUARDIAN

DATE

Permission to Photograph Form

I hereby give permission for photographs and/or video footage of

to be used for retreat promotional purposes by First, Second, and/or Catawba Presbytery, of the Associate Reformed Presbyterian Church, through retreat websites, mailings, newspapers, social media posts, and television footage. I understand that at no time will the person named above be identified by name on any website run by the ARP Presbyteries. I do understand that the above Presbyteries and the retreat staff and volunteers will make every effort to see that the safety and privacy of the person named above is maintained at all times.

☐ I have read and agree to the terms and conditions above.

☐ I do not give permission for photographs and/or video footage of the person named above to be used for promotional purposes.

Participant's signature

Parent's signature if above named person is a minor

Date

BONCLARKEN CAMP PROGRAMS CHILD/YOUTH RELEASE FORM

(Ages 0-17 years)

FOR BONCLARKEN ACTIVITIES

In consideration of Bonclarken Conference Center, a North Carolina nonprofit corporation, its agents, officers, directors, assigns, contractors and/or employees, providing access to and equipment and services related to a variety of outdoor and water recreational activities, to enable my child to participate in recreational activities, I agree as follows:

I, _____,

(PRINT YOUR FULL LEGAL NAME)

the undersigned, being an adult (age 18 or older), hereby agree that I am the legal guardian of

(PRINT CHILD'S FULL LEGAL NAME)

and hereby give my consent to Bonclarken Conference Center to allow my child to participate in any of the following recreational activities (the "Activities"):

- ropes course/indoor challenge elements,
- zipline,
- giant swing,
- Leap of Faith (Pamper Pole),
- caving,
- teambuilding activities,
- paintball,
- playground activities,
- swimming,
- boating,
- archery and other sports,
- use of recreational equipment related to any recreational activities, and
- transportation to and from certain activity areas as necessary

I understand that it is the philosophy of Bonclarken Camp Programs that in order to attend camp, campers must have permission to participate in all activities. I understand and acknowledge that there are inherent risks, dangers and hazards in my child's participation in any of the Activities; (b) my child's participation in any of the Activities may result in injury, illness or loss including, without limitation, disease, bodily injury, strains, fractures, partial or total paralysis, disability or death; and (c) these risks may be caused by the negligence of the campers, the negligence of others, accidents, breaches of contract, the forces of nature or unforeseeable risks. I hereby assume all risks and all responsibility for any losses and/or damages in any way relating to my child's participation in the Activities. I hereby waive, release, and discharge Bonclarken Conference Center from each and every claim whatsoever relating to my child's participation in any of the Activities, except for any claims that are the direct result of the active negligence of Bonclarken Conference Center. I understand and agree that (a) the sole proper venue for any dispute in which Bonclarken Conference Center is a party and that may arise out of this Agreement, or otherwise relate to my child's participation in any of the Activities, shall be Henderson County, North Carolina; (b) the dispute shall be decided, at the sole option of Bonclarken Conference Center, by litigation or arbitration. In the event that Bonclarken Conference Center elects litigation, the venue for any action shall be the Superior Court of Henderson County, North Carolina; (c) this Agreement shall be interpreted pursuant to the laws of the State of North Carolina, which shall be controlling in all respects and at all times.

I HAVE CAREFULLY READ AND UNDERSTAND THIS RELEASE AND WAIVER OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT. BY SIGNING IT I AGREE TO RELEASE AND DISCHARGE BONCLARKEN CONFERENCE CENTER FROM ANY AND ALL LIABILITY FOR CLAIMS FOR PROPERTY DAMAGE, PERSONAL INJURY, SPECIAL DAMAGES INCLUDING INDIRECT DAMAGES, AND WRONGFUL DEATH RELATING TO MY CHILD'S PARTICIPATION IN ANY OF THE ACTIVITIES EXCEPT FOR ANY CLAIMS THAT ARE THE DIRECT RESULT OF THE ACTIVE NEGLIGENCE OF BONCLARKEN CONFERENCE CENTER.

Participant Name (print)

Name of Group

Parent/Guardian Signature

Today's Date

ALL CAMPERS MUST HAVE A SIGNED WAIVER IN ORDER TO ATTEND CAMP

Questions? Please contact Bonclarken at 828.692.2223.

Description of Activities

The activities mentioned on the Bonclarken Camp Programs Child/Youth Release waiver will be provided by Camp Bonclarken or Music/Drama Camp in conjunction with the Bonclarken Recreation Department. The Bonclarken Recreation Department strives to further the gospel of Christ and His love by providing opportunities for those using our facilities to be challenged and grow. Our philosophy is one that focuses on personal growth through “challenge by choice” rather than competition. Adventure activities provide campers an opportunity to experience powerful spiritual and personal growth by challenging them to try new things in a safe, supportive environment. By offering a variety of adventure and recreational activities, we hope to encourage all guests who participate to excel in their own way. Campers will have the option to sign up for one or more of these activities on the first day of camp, however they are not required to sign up for or participate in any of these activities. Please note age requirements for each activity and be aware that not all activities are offered at each session of camp.

Caving

Campers enter the cave via a 15-foot ladder and explore the main chamber and its nooks and crannies. Those who desire a challenge have the option to brave a tight squeeze. Our trained and experienced staff provides extensive safety instruction and orientation to the cave. All adventure activities are conducted with the utmost attention to safety. All necessary equipment such as flashlights and helmets are provided. No experience with caving is necessary.

**Minimum requirements: 10 years of age; must be able to hike up and down hills and climb up and down ladders. (Campers must wear long pants, long sleeve shirts, hiking or tennis shoes - expect clothes to get very dirty)*

Climbing Tower

Bonclarken’s 45-foot climbing tower simulates the popular activity of rock climbing. Campers have the option to scale a climbing wall with routes ranging from very easy to very challenging. All adventure activities are conducted with the utmost attention to safety. All necessary equipment such as harnesses, carabineers, helmets, and ropes are provided, managed, fitted, and set up by our trained and experienced staff.

**Minimum requirements: 6 years of age. Campers must be able to fit into our harnesses- NO special rigging can be allowed.*

High Swing

Campers climb a cargo net to a platform where a trained staff member clips them to the steel cable swing. After stepping off the platform, there is an exciting drop followed by 2-3 minutes of giant swings. All adventure activities are conducted with the utmost attention to safety. All necessary equipment such as harnesses, carabineers, lobster claw clips, helmets, and ropes are provided, managed, fitted, and set up by our trained and experienced staff.

**Minimum requirements: 10 years and 5 feet tall. Campers must be able to fit into our harnesses- NO special rigging can be allowed.*

Indoor Challenge Elements

During camp, the indoor challenge elements are generally used as a rain/inclement weather plan in place of the climbing tower/high swing/zipline. Campers may participate in the Dangle Duo (two campers work together to climb a giant ladder); the Cat Climb (campers scale a rope using vertical blocks); the Flying Squirrel (the camper is attached to the end of a rope via a harness and is hoisted aloft by the efforts of the rest of the group pulling on the other end of the rope); the indoor giant swing (see High Swing); and the indoor climbing wall (see Climbing Tower). All adventure activities are conducted with the utmost attention to safety. All necessary equipment such as harnesses, carabineers, helmets, and ropes are provided, managed, fitted and set up by our trained and experienced staff.

**Minimum requirements: 8 years of age and must be able to fit into our harnesses- NO special rigging can be allowed.*

Leap of Faith

Campers climb a 20 foot telephone pole and leap to tag a hanging element before being gently lowered to the ground. All adventure activities are conducted with the utmost attention to safety. All necessary equipment such as harnesses, carabineers, helmets, and ropes are provided, managed, fitted, and set up by our trained and experienced staff.

**Minimum requirements: 8 years of age and must be able to fit into our harnesses- NO special rigging can be allowed.*

Paintball

Campers play on two teams of up to 5 people each in an exciting game of last man standing. Bonclarken provides extensive safety orientation; paintball markers (guns) and paintballs appropriate for use on our wooded course; and protective equipment including full face masks.

**Minimum requirements: 12 years of age. Campers must wear long pants, hiking or tennis shoes - expect clothes to get very dirty. Outside equipment and paint is not permitted.*

Ropes Course

Campers climb 45 feet off the ground to explore two levels of challenging ropes elements including bridges, trolleys, a vine traverse, a catwalk, and an hourglass element. All adventure activities are conducted with the utmost attention to safety. All necessary equipment such as harnesses, carabineers, lobster claw clips, helmets, and ropes are provided, managed, fitted, and set up by our trained and experienced staff.

**Minimum requirements: 12 years of age and 5 feet tall. Participants must be able to fit into our harnesses- NO special rigging can be allowed.*

Zipline

Campers climb to a platform where a trained staff member clips them to a zipline pulley. From the platform, there is an exciting drop followed by a speedy ride along the cable. All adventure activities are conducted with the utmost attention to safety. All necessary equipment such as harnesses, carabineers, lobster claw clips, helmets, and ropes are provided, managed, fitted, and set up by our trained and experienced staff.

**Minimum requirements: 8 years of age and must be able to fit into our harnesses- NO special rigging can be allowed.*

Boating

Campers can use paddleboats or funyaks to navigate Bonclarken Lake. In order to use funyaks, campers must be 12 years old and have passed the swim test. Campers may also ride paddleboats; campers under age 8 must be accompanied by an adult. Our trained and experienced lifeguards manage and guard the waterfront, provide extensive safety orientation, fit campers for personal flotation devices (PFDs), and check boats out to campers. Safety provided equipment includes US Coast Guard approved PFDs in the appropriate size.

Swimming

Campers can swim or splash in our junior Olympic-size pool. Depths of the pool range from 3.5’ to 8’ in clearly designated and divided areas. In order to be able to swim in the 8’ deep end area, campers must pass the swim test by demonstrating ability to swim 25 yards continuously unassisted using strong swimming technique and without stopping. Our trained and experienced lifeguards manage and guard the pool continuously.

Archery

Campers receive basic instruction in archery and use novice bows to shoot at targets. Safety equipment includes armguards.

**Minimum age: 8 years.*

Sliding Rock Trip

Campers travel by van to Sliding Rock. Sliding Rock is a 60’ natural rock slide with a 6-7 foot deep pool at the base. It is located in Pisgah National Forest and is a Forest Service recreation area with lifeguards on duty.

**Minimum requirements: Campers must have passed the swim test in order to go on the Sliding Rock trip.*